



Second Annual

Rural Behavioral Health Practice Conference

Available for in-person attendance or by simultaneous webcast

Friday, September 10, 2010, 8am to 5pm

Welcome Center, Building #17 • University of Minnesota–Morris
600 E. 4th Street • Morris, MN 56267

Sponsored by The Rural and Greater Minnesota (R&GM) Division
of the Minnesota Psychological Association

Co-Sponsored by the Iowa Psychological Association

This program has been submitted for approval to the MN Board of Psychology for 7.5 continuing education hours.

The registration deadline is September 8, 2010.

Mental Health Work with American Indians in a Rural Environment

Working with American Indians in a reservation community provides unique opportunities and challenges to persons in all professions. Having a solid understanding about the factors that influence people's lives on or near a reservation community is vital if effective services are to be provided. Non-Indians often have unrealistic expectations when coming to work in Indian country. These expectations may be based on false assumptions, myths, or idealistic conclusions that result from hearsay, preconceived notions, or limited personal experience. This presentation will primarily approach mental health work with American Indians from an experiential perspective. Although a fair amount of literature has been published about the subject, limited research is available to back it up. Experience indicates that the degree of effectiveness is directly related to attitude and relationship; it has much less to do with intellectual or formal competence.

Speaker: John E. Dick, MSW, LICSW

Psychology in Transition: Implications of Changes in the Health Care System for the Practice of Psychology with Special Attention to Practice in Rural Settings

The changed health care system poses both challenges and opportunities for the practice of psychology. Current changes in health care legislation are briefly reviewed (parity and the new federal health care legislation). Also discussed is the status of training and resource deployment in psychology. Quite separate from legislative

issues, psychology faces both unique opportunities and challenges. These parallel discussions are used to offer comments on actions that the field can take to adapt to the changing environment. Also mentioned are actions that psychologists who are currently in practice can take now to prepare for the future. All of these comments are made with a focus on practice in rural settings.

Speaker: Bruce Bobbitt, Ph.D., LP

Treating Addictive Illness in a Rural Population

In 1955, the American Medical Association declared alcoholism to be an illness. In the 1960s, the Willmar Hospital developed the foundation of a treatment model that spread throughout the nation. In 1992 the Robert Wood Johnson Foundation in conjunction with Princeton University declared substance abuse the number one health care issue in America. The cost of untreated addiction is staggering, yet addictive illness is still "in the closet." While treatment has proven to be effective, it is often misunderstood. This presentation will cover all of the above plus some of the nuances related to providing addiction treatment for rural communities.

Speaker: Mike Schiks, MS, ACATA

Spirituality, Religion, and Theology in the Practice of Mental Health Care in a Rural Context

Historically, spirituality, religion and theology have not been prominent diversity issues in the field of mental health. However, this presentation will attempt to present them from a multicultural diversity perspective and will present their unique challenges and benefits to mental health workers who

practice in rural areas. The aim of this presentation is to promote the inclusion of spirituality, religion, and theology as potentially important and salient factors in the assessment, diagnosis, and treatment of consumers by mental health professionals in rural populations. The presentation will also attempt to lay the philosophical, empirical, and clinical bases for such an exercise. It will include specific case examples of the principles and interventions presented.

Speaker: Donald Preussler, Ph.D., LP

The Ethical Issues of Limits of Competence and Dual Relationships in Rural Clinical Practice

Rural practice is fraught with ethical challenges. Dual relationships and managing limits of competence are but two areas that behavioral health professionals commonly encounter. This presentation will summarize the ethical issues around competency and dual relationships and discuss some principles that might help to navigate this tricky area. Participants will then review a series of vignettes relevant to these two areas and will be invited to discuss ways that they interpret the vignettes and how they might best be managed to assure ethical and professional standards of care.

Speakers: Jeffrey Leichter, Ph.D., LP and Katherine (Kay) Slama, Ph.D., LP

In-person participant space is limited.

If you have questions, please contact Jeffrey Leichter, Ph.D., LP at (218) 846-2257.

Conference Schedule

7:30	Registration
8:00	John Dick, MSW, LICSW, Mental Health Work with American Indians in a Rural Environment
9:30	Break
9:45	Bruce Bobbitt, Ph.D., LP, Implications of Changes in the Health Care System for the Practice of Psychology with Special Attention to Practice in Rural Settings
11:15	Lunch <i>(included in registration cost)</i>
12:00	Mike Schiks, MS, ACATA, Treating Addictive Illness in a Rural Population
1:30	Break
1:45	Donald Preussler, Ph.D., LP, Spirituality, Religion, and Theology in the Practice of Mental Health Care in a Rural Context
3:15	Break
3:30	Jeffrey Leichter, Ph.D., LP; Katherine (Kay) Slama, Ph.D., LP, The Ethical Issues of Limits of Competence and Dual Relationships in Rural Clinical Practice
5:00	Collect Continuing Education certificates (7.5 CE hours possible)

Registration Fees:

- Rural and Greater Minnesota (R&GM) Division members: \$60
- MPA or IPA members who aren't R&GM members: \$70 *(MPA members can join the R&GM Division for \$10 and register as a R&GM member)*
- Non-members: \$90
- Full-time students, interns, post-doctoral residents: \$20

Registration includes either lunch and refreshments or web-cast costs. Webcast participants will receive handouts prior to the event via email, and their CE certificates will be mailed after the event.

Directions:

Directions to Morris Campus: www.morris.umn.edu/visitors/directions

Morris Campus Map: <http://www.morris.umn.edu/visitors/downloads/CampusMap.pdf>

Directions to Morris: www.morris.umn.edu/prospective/forms/printabledirectionsUMM.pdf

Morris Hotels: www.morrismnchamber.org/for-morris-visitors/hotels-and-restaurants

Registration Form:

MPA Rural Behavioral Health Practice Conference • Friday, September 10, 2010

Name: _____ Degree: _____ Licensure: _____

Institution/Agency: _____

Address: _____

City/State/Zip _____ Please check: Home Work

E-mail: _____

Phone: _____ Please check: Home Work Fax: _____

Select Registration Fee:

MPA R&GM Division members: \$60 MPA or IPA members who aren't R&GM members: \$70 Join R&GM: \$10

Non-members: \$90 Full-time students, interns or post-doctoral residents: \$20

I am registering for: In-person attendance Simultaneous Webcast (email address required)

Total Amount Enclosed: \$ _____ **Check** or **Charge to:** Visa MC American Express Discover

Card #* _____ Exp.* _____ 3-Digit Security Code* _____

Cardholder Signature* _____

*Required fields

Please do not email credit card information. Fax or mail your registration form to protect this information.

Return to:

Minnesota Psychological Association

1000 Westgate Drive, Suite 252

St. Paul, MN 55114-1067

P: (800) 417-3660 • F: (651) 290-2266

www.mnpsych.org

Cancellation Policy: With written cancellation notice, received no later than 5 p.m. on Friday, Sept. 3, 2010, you will receive a full refund, less a \$10 administration fee. Cancellations after Sept. 3, 2010 are non-refundable. Notices of cancellation must be faxed to the MPA office at 651-290-2266. If you find that you cannot attend the conference, you may send another person from your agency in your place. No shows will not receive a refund.

(For office use only)

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