



## 46<sup>th</sup> Annual Conference of the National Association for Rural Mental Health

### Beyond Treatment: Tackling Social Determinants to Improve Rural Mental Health

Marriott Portland Downtown Waterfront • Portland, Oregon • August 18-20, 2020

#### About NARMH

The National Association for Rural Mental Health (NARMH) was founded in 1977 to develop and enhance mental health and substance abuse services and to support mental health providers in rural, remote, and frontier areas. We promote the needs and concerns unique to rural mental health, develop educational resources, and sponsor an annual conference where rural mental health professionals, consumers, and other stakeholders can share knowledge and resources. NARMH has added two goals — to proactively support initiatives to strengthen the voices of rural consumers and their families and to develop and mentor the next generation of rural mental health leaders and researchers. NARMH, since its inception, has been strongly committed to rural people and rural providers. This commitment has allowed NARMH to focus on what it takes to provide quality services and meaningful research for rural consumers and providers. Visit the NARMH website at [www.narmh.org](http://www.narmh.org) to learn more about our organization. NARMH's mission is to “Link Rural Voices to Rural Mental Health.”

#### Beyond Treatment: Tackling Social Determinants to Improve Rural Mental Health

The NARMH Annual Conference is the premier interdisciplinary mental health event for rural families and peers, community members, clinicians, researchers, administrators, and policy professionals. Now in its 46th year, the NARMH Annual Conference offers a collaborative environment for participants from many professions to learn and network on vital issues concerning mental health practice, research, policy, and advocacy among rural and remote populations.

For both individuals and families, mental health is influenced by so much more than a diagnosis. While access to evidence-based treatment and services is critical, we also know that a host of nonmedical factors, known as social determinants of health, strongly affect our well-being. This year's conference will highlight challenges and solutions for people with mental illness who are navigating the social determinants of health in rural communities.

We look forward to seeing you in Portland next August as we look to improve the mental health of individuals and communities in rural America by tackling the social determinants of health!

— Kevin Martone, Conference Chair and NARMH Board Member

The Call for Presentation Proposals  
is now open — *see reverse for details.*

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Online conference registration  
opens April 1, 2020.

#### CALL FOR PROPOSALS

The National Association for Rural Mental Health  
invites you to submit a presentation proposal for the 2020  
NARMH Annual Conference. See back page  
or visit [www.narmh.org](http://www.narmh.org) for  
more information.

# Call for NARMH 2020 Presentation Proposals

## FOCUS AREAS

### **Mental Health, Health, and Health Care**

- Adapting evidence-based practices (such as Assertive Community Treatment, case management, and permanent supportive housing) to rural and frontier areas, including tribal communities
- Crisis response
- Telehealth
- Integrated health and behavioral health strategies
- Opioid interventions
- Suicide prevention
- Issues specific to specific groups or populations with unique challenges accessing mental health treatment, e.g., migrant workers, American Indian/Alaska Native, Veterans
- Managed care and health system strategies
- Insurance coverage and parity

### **Social and Community Context**

- Stigma
- Building individual and community resilience
- Role of faith-based, civic, and cultural communities or organizations
- Public health/prevention initiatives

### **Economic Stability**

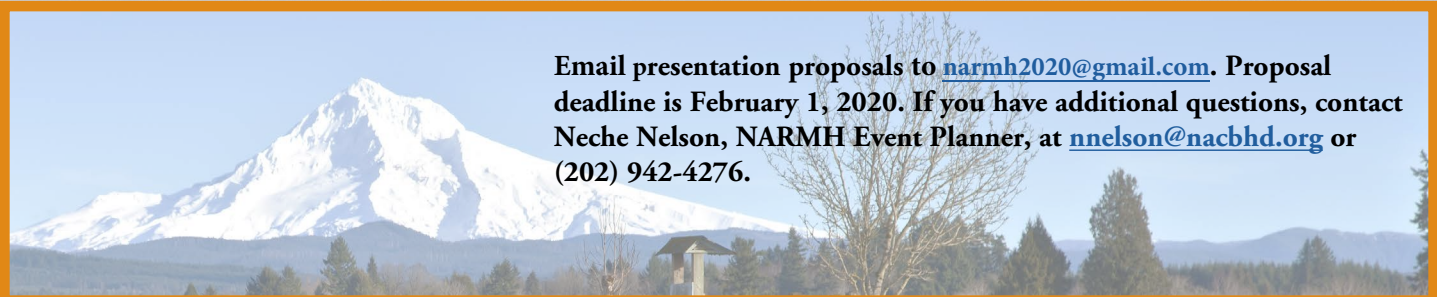
- Housing and homelessness in rural communities: models, funding
- Farm crisis
- Supported employment
- Food and nutrition programs

### **Education**

- School-based mental health programs and services; prevention and early intervention
- Work at the intersections of systems such as health care, justice, and welfare

### **Neighborhood and Built Environments**

- Local criminal justice initiatives
- Jail diversion and re-entry
- Infrastructure, transportation



Email presentation proposals to [narmh2020@gmail.com](mailto:narmh2020@gmail.com). Proposal deadline is February 1, 2020. If you have additional questions, contact Neche Nelson, NARMH Event Planner, at [nnelson@nacbhd.org](mailto:nnelson@nacbhd.org) or (202) 942-4276.