

NARMH 2022 – *Beyond the Pandemic: Building Rural Resiliency*

November 2-4, 2022, | Embassy Suites | Boulder, CO

Program-at-a-Glance

APA (American Psychological Association) Credits will be available for most sessions. Participants will need to check their individual licensing boards to confirm the acceptance of APA CEs.

Pre-Conference-November 2, 2022

12:00 pm	Registration Open
1:00 – 3:00 pm	<i>Supporting Wellbeing for Behavioral Health Providers in Rural Communities: Moving Beyond Self-Care – Brandy Clarke, PhD, LP</i>
4:30 pm – 6:00 pm	Meet and Greet Reception Cash Bar

November 3, 2022

Breakfast Available 7:00 am – 8:30 am

7:00 am	Registration Open
8:45 am	Welcome & Opening Remarks <i>Dr. Morgan Medlock, Commissioner Colorado Behavioral Health</i>
9:15 am	Keynote <i>U.S. Substance Abuse and Mental Health Services Administration Charles Smith, PhD, Kristie Brooks, MA, David Dickinson, MA, Emily Williams</i>
10:15 am	Break Sponsors
10:30 am	Plenary Presentation <i>Racial and Ethnic Disparities in Rural Mental Health Dr. Lamont Green, D.S.W., Juanita Spotted Elk</i>
11:30 am	Lunch & Awards
1:00 pm – 1:30 pm	<i>Examining the Use of Healthcare Innovations to Support Rural Resiliency Hossam Mahmoud, MD MPH, Regional Chief Medical Officer, Beacon Health Options</i>

1:45 pm – 3:15 pm Breakouts 1

Leadership & Policy |

Leveraging Policy Solutions to Build the Rural Behavioral Workforce

Marley Doyle and Erin Schneider

Clinical |

Healing Our Protectors

LaVonne Fox, PhD

Community Partnerships & Collaborations |

Crisis Services: Developing Critical Components of Care

Moderator, Todd Helvig, PhD

Panelists – Sheamekah Williams, Bill Hogan, Heather Cameron

3:15 pm Break | Sponsors

3:30 pm – 5:00 pm Breakouts 2

Leadership & Policy |

National 988 Suicide & Crisis Lifeline Overview & Colorado Experience

Moderator, Kevin Martone

Panelists – Charles Smith, PhD, Kelly Bowman, Cheri Skelding, Kelly Clarke

Clinical |

Disorders of Despair and the COVID Epidemic in Central Appalachia:

Impact and Response

Larry Merkel

Community Partnerships & Collaborations |

Rural Collaborations to Address Youth Mental Health

Moderator, Erin Briley

Panelists - Elaine Belansky, Kristina Daniel, Peggy Haslar

5:00 pm Evening Reception | Cash Bar |

Music will be provided by local Colorado musicians, PJ Moon, and Charles Henry

November 4, 2022

8:00 am Breakfast NARMH Membership Meeting

9:00 am Keynote Presentation | *Changing the Narrative to Capture the Strength & Resilience of Indigenous Youth in Rural America* – *Lavonne Fox, PhD*

10:00 am Break | Sponsors

10:15 am – 11:45 am Breakouts 1

Leadership & Policy |

Recruit, Retain, and Sustain: Strategies to Build the Rural Behavioral Health Workforce
Thad Shunkwiler

Clinical |

Suicide and Firearm Ownership in Rural America
Debbie Plotnick, Edgar Antillon

Community Partnerships & Collaborations |

Crisis Solutions for Rural Communities
Detective Nick Margiotta, Crisis System Solutions
Diana Martorana, Regional Clinical Director, Community Bridges, Inc.
Joe Bickford, Benchmark

Community Partnerships & Collaborations |

Together With Veterans: Rural Veterans Suicide Prevention Program
Sarah Jordon, Together With Veterans, Program Manager
Madison Chamberlain, Together With Veterans, Data Specialist

12:00 pm – 1:00 pm Lunch

1:00 pm – 1:15 pm |

Impacts of the COVID-19 Pandemic: Comparisons Between Rural and Urban Communities
Elissa Rosebraugh, MA, LMLP

1:30 pm – 3:00 pm Breakouts 2

Leadership & Policy |

3 Steps to Better Behavioral Health Policy in Rural America
Renee Schulte, Jason Haglund

Clinical | *Self-care working with rural populations, Two-eyed seeing.*

Bridie Johnson

Community Partnerships & Collaborations | *Building Hope in a Rural Resort – How Summit County came Together to Remake their Behavioral Health System*

Jen McAtamney

3:00 pm Closing